



Travel and Play

Third Annual International Coach Development Workshop — Iceland

February 18-24, 2019

Join Travel and Play in February 2019 for an exclusive look inside Iceland's top professional football clubs. This 6-day, 5-night coach development workshop features visits to four professional Icelandic football clubs: Stjarnan, Breidablik, Valur and UFC Selfoss. With a population of 330,000, and just 20,000 registered soccer players, Iceland has developed one of the best talent development and coach education programs in the world. Their national teams compete on the world stage, and the country consistently develops players that play professionally throughout the European Leagues.

While visiting each club, groups will meet with the head coach or technical director and watch a variety of youth and professional training sessions and games, including both men's and women's teams. The tour also includes a visit to the Icelandic football association, KSI, and classroom presentations detailing their coach education philosophy, talent-spotting initiatives, national team development plan and lessons learned from EURO 2016 and World Cup 2018.

Two sightseeing trips are included in the itinerary: "The Golden Circle Tour," which incorporates Thingvellir National Park, Gullfoss Waterfall and Strokkur Geysir geothermal area, and a visit to an Icelandic geothermal pool.

TENTATIVE ITINERARY

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| <p>FEB 18 Depart USA/Canada.</p> | <p>FEB 22 Sightseeing: Golden Circle Tour to Thingvellir, Gullfoss and Strokkur Geysir.
Visit Selfoss UMF.
Meet youth and professional team head coaches.
Watch youth/senior team training.
Watch Icelandic Youth National Team training.
Free time in Reykjavik.</p> |
| <p>FEB 19 Arrive Keflavik, Iceland.
Light breakfast and coaches' game.
Hotel check-in and guided tour of Reykjavik.
Meet with Dadi Rafnasson, KSI Instructor.
Watch senior team training at Valur Football Club.</p> | <p>FEB 23 Visit to an Icelandic sports school for 3-5 year-olds.
Watch youth team game(s), Breidablik or Stjarnan.
Presentation by Vidar Halldorsson, University of Reykjavik, "Icelandic Sporting Excellence".
Visit Icelandic geothermal pool.
Watch Icelandic Youth National Team training.
Free time in Reykjavik.</p> |
| <p>FEB 20 Visit KSI, Icelandic Football Association.
Classroom presentations by KSI Technical Director and KSI National Team staff.
Visit HK Kopavogur. Presentation by Director of Youth.
Watch youth/senior team training.
Watch women's league cup game.</p> | <p>FEB 24 Youth team training, Breidablik or Stjarnan.
Tour summary with Icelandic FA Technical Director.
Transfer to Keflavik airport.
Return flight to USA/Canada.</p> |
| <p>FEB 21 Visit Stjarnan, Icelandic Premier Division Club.
Coaches game vs Icelandic team.
Visit Breidablik, largest youth club in Iceland.
Watch Breidablik youth/senior team training.
Watch Reykjavik Women's Cup Final.</p> | |



TOUR INFORMATION

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COACH DEVELOPMENT

- Watch youth and senior field training sessions at four Icelandic professional clubs.
- Watch the Icelandic National Youth Teams train.
- Watch a variety of youth and senior professional games.
- Meet with the head coach or technical director at each club.
- The majority of sessions will take place in full size indoor training centers.
- Visit the Icelandic football association, KSI. Meet with their technical staff and national team coaches.
- Experience in-depth presentations explaining Iceland's world-class coach education program and talent-spotting initiatives, plus a presentation by Vidar Halldorsson from Reykjavik University on Iceland's sports culture.
- Spend an evening with the Icelandic Coaches Association.
- Visit an Icelandic sports school.

ACCOMMODATION

- Hotel Fron, Reykjavik - 5 nights www.hotelfron.is
- Coaches stay in 2-bedroom apartments or double rooms.
- Roommate requests will be accepted.

SIGHTSEEING

- Golden Circle Tour (included)
- Visit Geo-Thermal Swimming Pool (included)

PRICING

- \$895.00 per person (does not include flight)
- Iceland Air, Delta and WOW airlines all fly to Iceland, and prices are very reasonable in February.
- If you are scheduled to take a Travel and Play tour to Europe in 2019 or book a tour for 2020, your coaches tour fee (\$895.00 – one per tour) will be fully refunded.

INCLUSIONS

- 5 nights hotel accommodation
- Breakfast daily
- Airport transfers
- Private motor coach – as needed
- All coach education sessions
- Attend professional games
- Icelandic tour guide – member of Icelandic FA
- Full-time Travel and Play staff support
- Dinner with Icelandic Coaches Association
- Golden Circle Tour
- Icelandic Geothermal Pool
- Two coaches games - age appropriate



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